

CHLA / ABSC 2010 conference restaurant guide

The following restaurants are local establishments. While there are certain national /international chains represented in the downtown core, and you may see them as you stroll through our streets, the restaurant guide will feature locally owned restaurants. This guide doesn't include every restaurant in the downtown core.

Please keep in mind that dining is in the eye and the taste buds of the beholder. We can't guarantee your experiences.

We also cannot guarantee the current accuracy of the online menus

If a restaurant doesn't have a check mark in the "popular...." column, it's doesn't mean that we don't recommend it – it's just that other restaurants may be our favourites.

Pricing categories:

\$ = Cheap and Cheerful (\$10.00 or less, on average)





\$\$ = Won't break the expense account (\$10.01 – \$20.00, on average)

\$\$\$ = Hey, how often will you be in Kingston? (over \$20.00, on average)

A map of the downtown core is on the last page of this guide.

category	Name, address, website, and recommendations	Popular with Queen's library staff	Price categories		
			Breakfast	Lunch	Dinner
	All restaurant names printed in red are listed in the 2009/10 edition of <u>Where to eat in Canada</u> .				
Asian	Ly's Place 203 Wellington Street (3.5 blocks from Four Points Sheraton) http://www.menudb.ca/e/view?locale=kingston&id=21&q=Ly's+Place			\$	\$

Bistro	Le Chien Noir Bistro 69 Brock Street (1.5 blocks from Four Points Sheraton) http://www.lechiennoir.com			\$\$	\$\$\$
Cafe	Coffee & Company 53 Princess Street (2 blocks from Four Points Sheraton) <i>No online menu available.</i>		\$ (opens at 7:00am)	<i>Serve coffees, teas, hot chocolate, wonderful pastries, cakes, muffins. Good for a continental style breakfast, coffee breaks, evening treats. They also sell Godiva chocolates.</i>	
Café	Pan Chancho 44 Princess Street (2 blocks from Four Points Sheraton) http://www.panchancho.com		\$ (Opens at 7:00am for breakfast – take-out bakery items available).	\$\$	
Café	Sipps Coffee & Dessert Bar 33 Brock Street (1 block from Four Points Sheraton) <i>No online menu available. Sit on the patio in the evening and enjoy coffee and dessert.</i>		\$ (opens at 7:00am)		
Cambodian	Cambodian Village Restaurant 347 King Street East (1.5 blocks from Four Points Sheraton) http://www.menudb.ca/e/view?locale=kingston&id=25&g=Cambodian+Village	 (Try the red curries)		\$	\$



Casual	Copper Penny 240 Princess Street (5 blocks from Four Points Sheraton) http://www.thecopperpenny.ca/html/location0.htm	 Try the "Chocolate suicide" cake		\$\$	\$\$
Casual	Megalo's Restaurant 226 Princess Street (4 blocks from Four Points Sheraton) <i>Closed on Mondays</i> http://www.megalosrestaurant.com/our-menus			\$\$	\$\$
Casual	Woodenheads Gourmet Pizza 192 Ontario Street (1 block from Four Points Sheraton) http://www.woodenheads.ca	 (You can custom design your own pizza)		\$\$	\$\$
Casual, Cafe	Ruffled Feather Fine Food 135 Ontario Street (3 blocks from Four Points Sheraton) <i>No online menu available but word of mouth says it's a great place. Open for breakfast, lunch, and early suppers. Great atmosphere, clean, very tasty entrees and baked goods.</i>		\$ (opens at 7:30am)	\$	\$\$
Casual, Cafe	Serves You Right Café 164 Princess Street (3 blocks from Four Points Sheraton) http://www.servesyouright.ca/index.php		\$ (opens at 8:00am)	\$	

Casual, upscale	Aroma Restro Winebar 248 Ontario Street (3 blocks from Four Points Sheraton) http://www.aromawinebar.com/index.html			\$\$	\$\$\$
Casual, upscale	Atomica Gourmet Pizza & Wine Bar 71 Brock Street (1.5 blocks from Four Points Sheraton) http://www.atomica.ca/	 (You can custom design your own pizza here too)		\$\$	\$\$
Casual, upscale	King Street Sizzle Located in Four Points Sheraton http://kingstreetsizzle.com/foodmenus.html		\$ (opens at 8:00am)	\$\$	\$\$\$
Casual, upscale	The Tango 331 King Street East (1.5 blocks from Four Points Sheraton) http://www.thetango.ca			\$\$	\$\$\$
Casual, upscale	Windmills 184 Princess Street (4 blocks from the Four Points Sheraton) http://www.windmills-cafe.com <i>Windmills will be catering the opening reception at City Hall.</i>		\$ (opens at 7:30am)	\$	\$\$\$
Casual, very	Bubba's Pizzeria 349 King Street East (3 blocks from Four Points Sheraton) Best poutine in town, according to Queen's students. http://www.bubbas.ca/specials.htm			\$	\$ (Pizzas are \$\$)

Diner	Morrison's Restaurant 318 King Street East (.5 block from Four Points Sheraton) <i>No online menu available. Kingston landmark since the 1920's. Good food served fast.</i>		\$ (opens at 6:00am)	\$	\$
Diner (with a little Greek too)	Peter's Place 34 Princess Street (2 blocks from Four Points Sheraton) <i>No online menu available. Great food...large portions.</i>		\$ (opens at 7:30am)	\$	\$
Diner	The Right Spot Restaurant 171 Wellington Street (2.5 blocks from Four Points Sheraton) <i>Not fancy but the food is inexpensive and good. Great homemade pies. Site of Sir John A. MacDonald's first law office (opened in 1835).</i>		\$ (opens at 7:00am)	\$	\$ (Supper served until 6:30)
Fine dining	Aqua Terra Restaubistro by Clark 1 Johnson Street (2 blocks from Four Points Sheraton) http://www.aquaterrabyclark.com/Menu_-77188.html	 (Yes...it's that good)	\$ (opens at 6:30am)	\$\$ (The \$15 prix fixe can't be beat).	\$\$\$
Fine dining	Chez Piggy 68R Princess Street (2 blocks from Four Points Sheraton) http://www.chezpiggy.com <i>(A Kingston mainstay for nearly 30 years. Opened by Rose Richardson and Zal Yanovsky (of The Lovin' Spoonful fame) Located in a limestone stable and it has a wonderful courtyard .</i>			\$\$	\$\$\$

German	Amadeus Café 170 Princess Street (3.5 blocks from Four Points Sheraton) http://www.amadeuscafe.ca/main.htm			\$	\$\$
Greek	Grecos Grill and Wine Bar 167 Princess Street (4 blocks from Four Points Sheraton) http://grecos.ca	✓		\$	\$\$
Greek	Mino's on Barrie Street 340 Barrie Street (8 blocks from Four Points Sheraton) http://www.minosonbarriestreet.com/lundin			\$	\$\$
Grill	Limestone Garden Grill 175 Bagot Street (4 blocks from Four Points Sheraton) http://www.kingstondines.com/limestone_garden_grill_menu.htm	✓	\$ (opens at 8:00am)	\$	\$\$
Indian	Curry Original Restaurant 253A Ontario Street (4 blocks from Four Points Sheraton) http://www.curryoriginal.ca/menu_downtown.html	✓		\$\$	\$\$
Italian	Casa Domenico 35 Brock Street (1 block from Four Points Sheraton) http://www.casadomenico.com			\$\$	\$\$\$

Italian	Frankie Pesto's Italian Eatery 167 Ontario Street (2 blocks from Four Points Sheraton) http://www.frankiepestos.com/index.htm			\$\$	\$\$\$
Italian	Olivea Restaurant 39 Brock Street 1 block from Four Points Sheraton) http://www.olivea.ca/menu/			\$\$	\$\$\$
Japanese	Sima Sushi 66 Princess Street (2 blocks from Four Points Sheraton) http://www.simasushikingston.com	✓		\$	\$\$
Pub	Copper's Dining Lounge 125 Brock Street (2 blocks from Four Points Sheraton) http://www.queensinn.ca/coppers.php	✓ (Great burgers!)		\$	\$
Pub	Iron Duke on Wellington 207 Wellington Street (3 blocks from Four Points Sheraton) http://www.ironduke.ca/menus.html	✓ (Great liver...no, really!)		\$\$	\$\$

Pub	Kingston Brewing Co. 34 Clarence Street (directly behind the Four Points Sheraton) http://www.kingstonbrewing.ca			\$	\$
Pub	Merchant Tap House 6 Princess Street (3 blocks from Four Points Sheraton) http://www.merchanttaphouse.com/menu.pdf			\$\$	\$\$
Pub	Pilot House 265 King Street East (.5 block from Four Points Sheraton – turn left out the front door) http://www.pilohousekingston.ca/pilot%20take%20out%20menu.pdf			\$\$	\$\$
Pub	Toucan & Kirkpatrick's 76 Princess Street (2 blocks from Four Points Sheraton) http://www.thetoucan.ca/menu	 (Great sweet potato fries)		\$	\$
Sandwiches/ wraps	Stuff'd Urban Eats 272 Bagot Street (3.5 blocks from Four Points Sheraton) http://www.menudb.ca/e/view?locale=kingston&id=14&g=Stuff'd+Urban+Eats			\$	\$

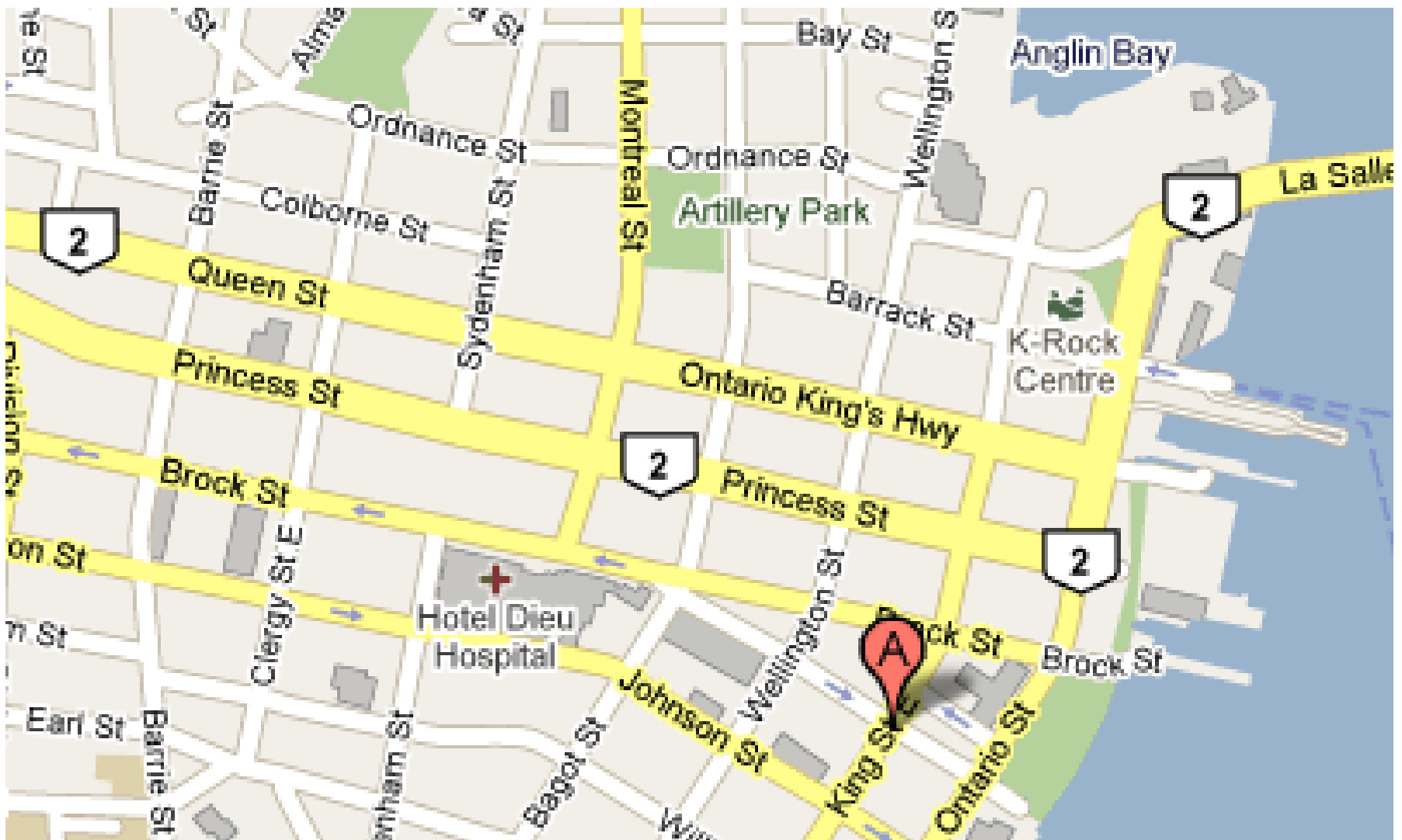
Vegetarian	Lotus Heart Blossoms Vegetarian Restaurant 85 Sydenham Street (6.5 blocks from Four Points Sheraton) http://lotus-heart-blossoms.com/menu.html			\$	\$\$
Vietnamese	Saigon Delights 272 Bagot Street (3.5 blocks from Four Points Sheraton) http://www.menudb.ca/e/view?locale=kingston&id=28&g=Saigon+Delights	 <i>Very</i> popular with Bracken staff		\$	\$

On Tuesdays and Thursdays there are concerts in Confederation Park, across from the City Hall on Ontario Street. They begin at 12:30 pm. There are a couple of hot dog carts in the park if you feel like something very casual to enjoy while listening to the music.

And finally, for those of you who simply cannot get through your days without your “Double-Doubles” or your “Grande extra hot half caf Americano mistos”, the two closest locations are:

Tim Horton’s: 285 Ontario Street (4 blocks from Four Points Sheraton)

Starbucks: 95 Princess Street (3 blocks from Four Points Sheraton). Aquaterra also serves Starbucks coffee but nothing fancy like “no fat, half sweet, cinnamon dolce latte, no whips”.



A = Four Points Sheraton