

Looking for green?: Vegetarian and Vegan spots

From team contributor Erica

1. **Pure Kitchen** (<https://www.purekitchenottawa.com/>)

This Ottawa favourite (for vegetarians and non-vegetarians alike) has locations in Centretown, Little Italy and Westboro.

2. **Peace-Garden Vegetarian Paradise**

Located in the Byward Market. Perfect spot for a light lunch.

3. **The Green Door** (<http://www.thegreendoor.ca/>)

Ottawa's OG vegetarian restaurant in Old Ottawa East. Endless vegetarian buffet with tons of desert options.

4. **The Wild Oat** (<http://wildoat.ca/>)

In the Glebe? Stop here for soups, sandwiches and baked goods.

5. **The Table** (<https://www.thetablerestaurant.com/>)

Vegetarian buffet located in Hintonburg.

6. **Little Jo Berry's** (<http://www.littlejoberrys.com/>)

Delicious spot for vegan treats in Hintonbourg.

7. **Raw, Pulp and Grind** (<http://www.rawpulpandgrind.com/>)

All vegan spot for smoothies and salads.

Locations in Little Italy & Westboro.

8. **Fiazza Fresh Fired** (<http://fiazza.ca/>)

Looking for a vegan pizza? Check out one of their locations in the Byward Market, Queen Street Fare or Westboro.

9. **Thimblecakes** (<https://thimblecakes.ca/>)

Need a vegan cupcake? Of course you do! These centretown beauties are also available gluten free.